

DEPARTMENT OF STATE HOSPITALS - ATASCADERO DUTY STATEMENT

NURSE PRACTITIONER (PSYCHIATRIC)

1. MAJOR TASKS, DUTIES, AND RESPONSIBILITIES

The Nurse Practitioner (Psychiatric) works in collaboration with a Staff Psychiatrist managing specified psychiatric conditions under Standardized Procedures. The Nurse Practitioner (Psychiatric) is a registered nurse with advanced practice skills in and responsibility for psychiatric assessment, psycho-social assessment, and management of health-illness needs in nursing care and psychiatric treatment. The role of the Nurse Practitioner (Psychiatric) is to integrate the psychiatric treatment plan, health maintenance, disease prevention, physical and psychiatric diagnosis, and treatment of common episodic and chronic problems in psychiatric treatment with equal emphasis on health teaching and management.

- 60% In accordance with established standardized procedures and in collaboration with a psychiatrist, **provides clinical assessment and case management services to patients** including interpreting psychiatric histories; performing psychiatric evaluation and a nursing physical assessments; evaluating patient behavior, signs and symptoms of mental disorder; ordering and interpreting selected laboratory tests; identifying problems and developing psychiatric treatment plans for patients.
- 20% Under the general direction of a staff psychiatrist performs sick call, various clinics and screenings. **Interacts with unit staff and assigned patients on a variety of daily psychiatric issues** (i.e.; patients who request to meet with the nurse practitioner or who are referred by staff because of change of status, behavioral changes, or deterioration in functions. Furnishes psychotropic medication from approved formulary in accordance with the Standardized Procedures.
- 10% Refers patients to a psychiatrist for consultation and to specialized health resources for treatment but retains responsibility for the clinical management as well as subsequent modification. **Provides required documentation and reports**, including progress notes, as need or requested. Meets with the families of assigned patients as needed or required.
- 10% Participates in ongoing review and revision of Standardized Procedures. **Participates in medical staff activities and serves on committees.** Seeks expert opinion or advice of a psychiatrist pursuant to the Standardized Procedures. Advises and assists the Medical Director, as requested, on hospital administration issues. Meets regularly with program

management and reviews program goals, plans, treatment issues, and effectiveness. Participates in unit management meetings involving patient issues and maintenance of therapeutic milieu. Participates in continuing medical education and in approved research. Provides in service training such as lectures and informal talks or consultations with staff. May provide Treatment Mall services 4 hours weekly, or as adjusted with concurrence of the Medical Director. **Participates in departmental and hospital wide shakedowns.**

2. SUPERVISION RECEIVED

Chief Psychiatrist

May receive clinical supervision from a Staff Psychiatrist

3. SUPERVISION EXERCISED

N/A

4. KNOWLEDGE AND ABILITIES

Knowledge of: Current trends and concepts of professional nursing practices; laws and regulations relating to the practice of medicine, psychiatry, and nursing science basic to medicine (anatomy, pathophysiology, pharmacology, and microbiology); principles and practices of clinical assessment; principles and practices of common health problems; fundamentals of research; principles of mental health; causes, treatment and prevention of communicable diseases, chronic diseases, handicapped conditions, mental illness and other disabling conditions; principles of clinical consultation, continuity of patient care, and the community aspects of health services.

Ability to: Work effectively with individuals and families to assist them in solving physical, mental and social problems; work effectively as a member of a health team; communicate effectively including the preparation of clear and concise reports; recognize social problems which affect health; instruct in the prevention of disease, good health practices, and the health care of an ill or injured person; participate in the development of standardized procedures, and in accordance with protocols, construct and interpret a medical history, perform a physical assessment, evaluate forensic patient behavior, perform and interpret selected laboratory tests and identify problems and develop and implement treatment plans for forensic patients; maintain effective working relationships with other departments, agencies and the community; consult effectively with physicians and allied health personnel.

5. REQUIRED COMPETENCIES

INFECTION CONTROL

Applies knowledge of correct methods for controlling the spread of pathogens appropriate to job class and assignment.

SAFETY

Actively supports a safe and hazard free workplace through practice of personal safety and vigilance in the identification of safety or security hazards.

CPR

Maintains current certification.

AGE SPECIFIC

Provides services commensurate with age of patients/clients being served. Demonstrates knowledge of growth and development of the following age categories:

☒ Adult ☒ Geriatric

THERAPEUTIC STRATEGIES AND INTERVENTIONS

Applies and demonstrates knowledge of TSI principles. Applies and demonstrates knowledge of correct methods of self protection and physical stabilization of patients displaying imminently dangerous behaviors.

RESTRAINT/SECLUSION

Demonstrates knowledge of criteria and appropriately uses, applies, and removes restraint and/or seclusion.

CULTURAL AWARENESS

Demonstrates awareness of multicultural issues in the workplace which enable the employee to work effectively.

RELATIONSHIP SECURITY

Demonstrates professional interactions with patients and maintains therapeutic boundaries.

PRIVACY AND SECURITY OF PROTECTED HEALTH INFORMATION

Maintains and safeguards the privacy and security of patients' protected health information (PHI) and other individually identifiable health information (IIHI) whether it is in paper, electronic, or verbal form in compliance with HIPAA and all other applicable privacy laws.

SITE SPECIFIC COMPETENCIES

Maintains privileges in accordance with the Nurse Practitioner Standardized Procedures.

TECHNICAL PROFICIENCY (SITE SPECIFIC)

Demonstrate understanding of the principles underlying the use of general medical and psychiatric medications as outlined in the established standardized procedures for Nurse Practitioners.

Use of the WAARMS documentation system.

Use of hospital e-mail, hospital dictation system and computer data entry. Communicates effectively in spoken and written language with assigned patients and staff. Written language includes, when necessary, the use of computer word processing programs, e-mail and other automation. Spoken language includes direct speech and required dictation.

6. LICENSE OR CERTIFICATION

It is the employee's responsibility to maintain a license, credential, or required registration pertinent to their classification on a current basis. Any failure to do so may result in termination from Civil Service. Employees in this classification must demonstrate:

Possession of a valid license to practice as a professional registered nurse in the State of California.

And

Certification as a Nurse Practitioner as specified in the regulations of the Board of Registered Nurses, California Administrative Code, Title 16, Chapter 14, Article 8, Section 1482.

And

Possession of a Furnishing Number through the California Board of Registered Nursing pursuant to Sections 2836.1 and 2836.3 of the Business and Professions Code.

7. TRAINING = 13

The employee is required to keep current with the completion of all required training.

8. WORKING CONDITIONS (FLSA)

The employee is required to work any shift and schedule in a variety of settings throughout the hospital and may be required to work overtime and float to other work locations as determined by the operational needs of the hospital. All employees are required to have an annual health review and repeat health reviews whenever necessary to ascertain that they are free from symptoms indicating the presence of infection and are able to safely perform their essential job functions.

Employee Signature

Print Name

Date

Supervisor Signature

Print Name

Date

Reviewing Officer Signature

Print Name

Date